



Specifications Sheet

Product Description: Plain Nonfat Yogurt Sweetened (with aspartame)

Ingredients: Cultured Pasteurized Grade A Nonfat Milk, Whey Protein Concentrate, Modified Corn Starch, Carrageenan, Pectin, Calcium Chloride, Aspartame, Potassium Sorbate (to maintain freshness), Vitamin A Palmitate, Vitamin D3  
 With active cultures Including: Lactobacillus Acidophilus and Bifidobacterium SP

Nutritional Information: % Daily Value\*

Serving Size	1 Cup (227g)	
Calories	110	
Calories from fat	0	
Fat	0 g	0%
Saturated fat	0 g	0%
Trans fat	0 g	
Cholesterol	<5 mg	1%
Sodium	115 mg	5%
Carbohydrates	18 g	6%
Dietary Fiber	0 g	0%
Sugars	13 g	
Protein	10 g	

Percentage of U.S. Recommended Daily Allowances (U.S. RDA):

Vitamin A	10%
Vitamin C	0%
Calcium	30%
Iron	0%
Vitamin D	25%
Thiamin	0%
Riboflavin	0%
Niacin	0%
Vitamin B6	0%
Vitamin B12	0%
Phosphorus	0%
Magnesium	0%
Zinc	0%
Pantothenic Acid	0%

\*Percent Daily Values are based on a 2,000 calorie diet

Serving Sizes Available:

8 oz cup

Pack:

12/1 per case

Keep Refrigerated Below 36 Degrees F.